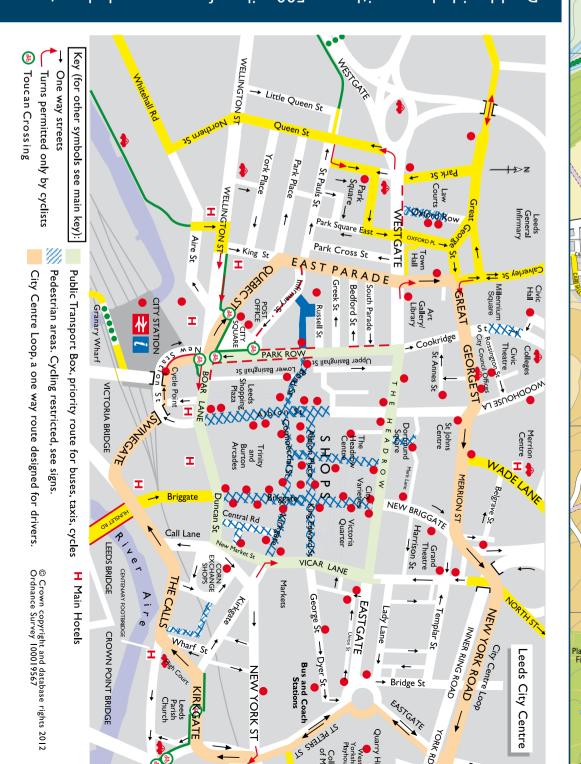
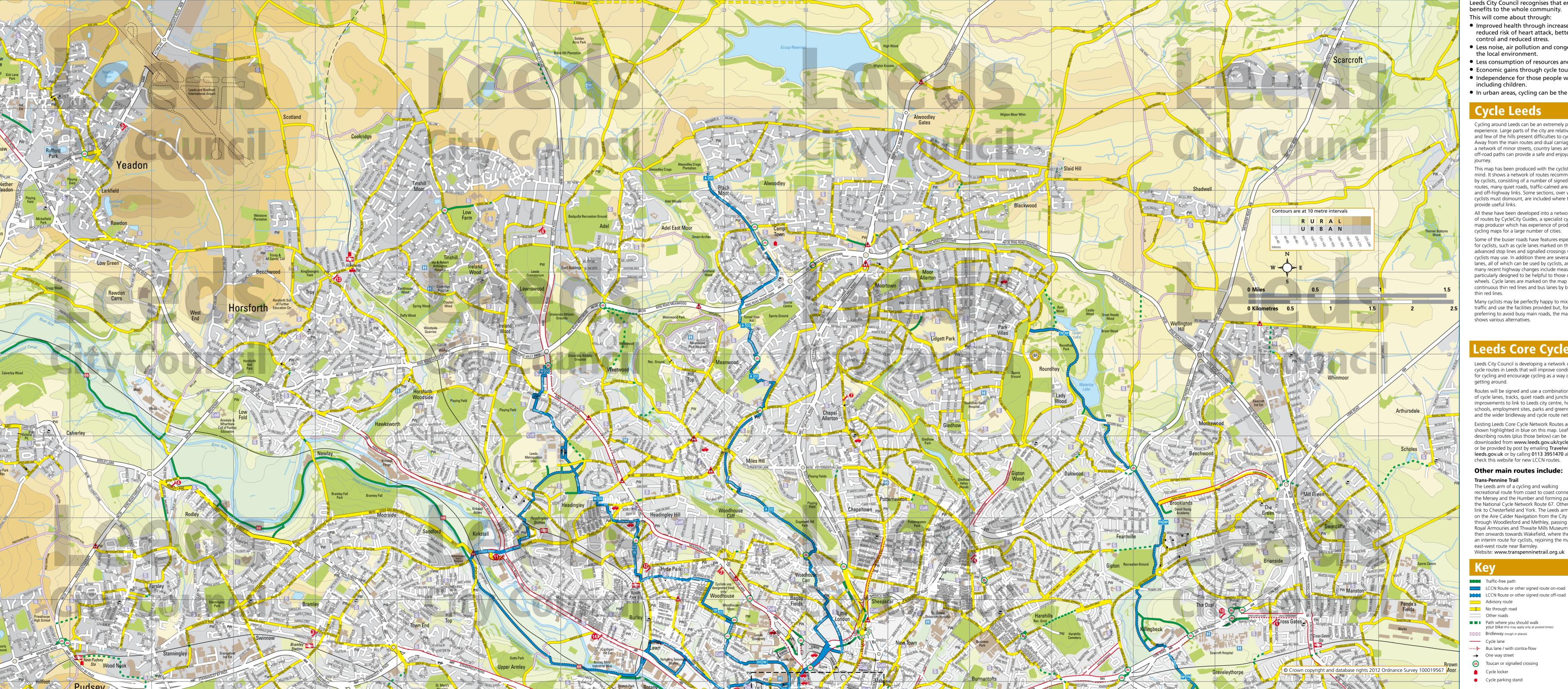


Including Horsforth, Morley, Pudsey, Rothwell, Shadwell, Yeadon

# Cycling map

Double-sided map with over 500 miles of recommended routes





Leeds City Council recognises that encouraging more people to cycle will bring benefits to the whole community.

This will come about through:

- Improved health through increased fitness,
- reduced risk of heart attack, better weight
  - control and reduced stress. • Less noise, air pollution and congestion, leading to enhancement of
  - the local environment. Less consumption of resources and lower CO2 emissions.

  - Economic gains through cycle tourism and leisure.
  - Independence for those people who cannot or do not wish to use a car,
  - In urban areas, cycling can be the quickest and most convenient form of transport.

Cycling around Leeds can be an extremely pleasant Leeds Core Cycle Network Routes, shown experience. Large parts of the city are relatively flat highlighted in blue, provide continuous signed and few of the hills present difficulties to cyclists. routes from the suburbs to the city centre and Away from the main routes and dual carriageways, between other key destinations across the city. a network of minor streets, country lanes and off-road paths can provide a safe and enjoyable

by cyclists, consisting of a number of signed cycle you prefer which we have not marked. routes, many quiet roads, traffic-calmed areas and off-highway links. Some sections, over which cyclists must dismount, are included where they provide useful links.

All these have been developed into a network of routes by CycleCity Guides, a specialist cycle some people may prefer to avoid unlit off-road map producer which has experience of producing sections after dark. cycling maps for a large number of cities.

lanes, all of which can be used by cyclists, and particularly designed to be helpful to those on two gates after you to prevent farm animals escaping. wheels. Cycle lanes are marked on the map by continuous thin red lines and bus lanes by broken

Many cyclists may be perfectly happy to mix with pedestrian area. traffic and use the facilities provided but, for those preferring to avoid busy main roads, the map shows various alternatives.

Yellow routes are on roads identified as being comparatively safe and convenient to use. Naturally some will be busier than others. If you This map has been produced with the cyclist in feel uncomfortable with the volume or speed of mind. It shows a network of routes recommended traffic, try an alternative route - you may find one

> **Green** routes are traffic-free and are a mixture of special cycle tracks, river and canal towpaths and official routes through parks. Those shown in dark green have smooth prepared surfaces, but some non-tarmac paths may be muddy in winter and

There are a number of bridleways, shown in light Some of the busier roads have features especially purple, where cycling is allowed, but the path may for cyclists, such as cycle lanes marked on the road, be rough and suitable for mountain bikes only, advanced stop lines and signalled crossings which particularly in wet weather. Some may be unsuited cyclists may use. In addition there are several bus to commuting or other utility journeys at any time of the year. Please remember to give way to horsemany recent highway changes include measures riders and pedestrians on bridleways, and close

> The **green dotted** lines indicate where cyclists are required to dismount and behave like pedestrians, such as where the route passes through a

The number of cycle parking stands and special cycle lockers is increasing, especially in the city centre where their locations are indicated. We have also included a list of local bike shops, marked with

> The 'Aire Vallev Towpath Route' links

> the 26 km length of

& Liverpool Canal

between Leeds and

of the National Cycle

Bingley and forms part

towpath on the Leeds

# Leeds Core Cycle Network Ampmarw

Leeds City Council is developing a network of cycle routes in Leeds that will improve conditions for cycling and encourage cycling as a way of

Routes will be signed and use a combination of cycle lanes, tracks, quiet roads and junction improvements to link to Leeds city centre, housing, schools, employment sites, parks and greenspace,

and the wider bridleway and cycle route network. Existing Leeds Core Cycle Network Routes are shown highlighted in blue on this map. Leaflets describing routes (plus those below) can be

leeds.gov.uk or by calling 0113 3951470 also check this website for new LCCN routes.

# Other main routes include:

Please note, a free permit is required to cycle Trans-Pennine Trail on the towpaths. This can be downloaded at The Leeds arm of a cycling and walking recreational route from coast to coast connecting **permit** where a full code of conduct can also the Mersey and the Humber and forming part of be downloaded. the National Cycle Network Route 67. Other arms link to Chesterfield and York. The Leeds arm runs on the Aire Calder Navigation from the City Centre through Woodlesford and Methley, passing the Royal Armouries and Thwaite Mills Museums, and then onwards towards Wakefield, where there is

Other attractions include Wetherby racecourse and an interim route for cyclists, rejoining the main east-west route near Barnsley.

Other attractions in Spofforth Castle.



www.waterscape.com/things-to-do/cycling/

## Wetherby Railway Path

Park and Spofforth, passing through farmland and woods and the market town of Wetherby.

Leeds Core Cycle Network

A Alwoodley to City Centre

M Middleton to City Centre

(For Roundhay Park follow RP.

For Temple Newsam follow TN)

Traffic-free path LCCN Route or other signed route on-road Rail station LCCN Route or other signed route off-road Bus Bus or coach station Advisory route

No through road Other roads ■ ■ ■ Path where you should walk

School

Hospital Car Club parking bay Library PW Place of Worship

Cycle shop

Important building

Ar Armley to City Centre West Park to City Centre

Cycle locker Cycle parking stand

Junctions that require extra care
National Cycle Network route number

Note: On all radial routes follow cc signs for City Centre. Leeds Cycle Action Group meeting point